

# Worldview Matters!

DISCOVER YOURSELF • INSPIRE OTHERS • ENGAGE THE WORLD

'IONS WORLDVIEW EXPLORATIONS PROGRAM' IN PARTNERSHIP WITH LUMINOUS YOUTH



20 CLASS  
PROGRAM

FOR YOUTH AGED  
9 YRS OR OLDER

## 15% OF PROGRAM COST SUPPORTS THE SCIENTIFIC RESEARCH OF INTERCONNECTIVITY THROUGH THE INSTITUTE OF NOETIC SCIENCE

Luminous Youth with the support of the Institute of Noetic Science is creating an online space for 9+ year olds to continue learning through a lens of curiosity, awe, reflection and practice.

The 'Worldview Matters!' program supports learners individually and collectively to become more aware of our own worldviews and their importance.

Through this journey of experiential inquiry, reflection and journaling we aim to cultivate a deeper sense of belonging. Belonging to the interconnected web of life our personal visions and personhood, and those with whom we share this earthly journey with.

Each class is 1.25hrs whereby Paul Crebar from Luminous Youth will lead an exploration into worldview literacy using an online discussion and reflection based meeting space alongside the IONS Worldview Literacy Workbook. **The program can run over a 10 week period meeting twice per week, or a 20 week period meeting once per week.**

### What is Worldview Literacy?

Worldview literacy is the capacity to investigate our own and others' worldviews, recognize how worldviews filter all of our perceptions and therefore our reactions and actions with others, and explore how our individual and collective worldviews affect how we interact and influence the world around us. (Institute of Noetic Science 2021)

### What does the program involve?

Together over the 20 class program as a group of 4-6 learners facilitated by Paul we will:

- Explore, discuss and reflect on what shapes our own and others Worldview in a safe, supportive and held environment
- Recognize how worldviews filter all of our perceptions and therefore our reactions and actions with others
- Explore how our individual and collective worldviews affect how we interact and influence the world around us
- Explore perspectives and beliefs, instinct & brain structure, self-regulation, multiple intelligences, assumptions & stereotypes
- Explore cultural conditioning and media influence, interdependency, interconnectedness promises and pitfalls and what it may mean to be of service
- Focus on social and emotional learning practices including the development of self-awareness, social-awareness, relationship skills, critical thinking, problem-solving and decision making.

For further information or to organise your group booking email [paul@luminousyouth.com](mailto:paul@luminousyouth.com). Please note if you do not have a group, get in touch and we will support you finding an appropriate group. Note a minimum of 4 learners (and a maximum of 6) are required for this program.

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Additionally, the goal of Worldview Explorations is to give learners tools for success in the 21st century. Some of those tools include:

- Cognitive flexibility
- Comfort with unfamiliarity
- Appreciation of diverse perspectives
- Agility in the face of rapidly changing circumstances
- Self-awareness
- Capacities for inter-cultural communication
- Ability to hold multiple points of view simultaneously
- Capacity for discernment that relies equally on intellect and intuition
- Conflict resolution
- Social-emotional intelligence

This program has been crafted by the Institute of Noetic Science (IONS) who's development of this educational initiative has grown out of four decades of research on the exploration of consciousness and worldview. The research suggests the most powerful step people can take toward achieving their highest potential is the willingness and ability to understand new perspectives. This evidence-based curriculum fosters the necessary capacity and competency to understand a multitude of perspectives to navigate and thrive in a global society.

## The Core Tenets of Worldview Explorations as written by the Institute of Noetic Science

Worldview Explorations is based on a developmental model designed as a result of research on consciousness and transformation.

The following are a set of principles upon which the content of this curriculum was designed:

### Each of Us Conveys a Unique Worldview

Our life experiences, culture, religion, socioeconomic status, gender, biology, environment, family, and friends, among other things, influence our unique worldview. We each see and sense the world differently based upon our personal beliefs, perspectives, and worldview. Most of the time, these worldviews function outside of our conscious awareness.

### Worldviews Inform and Affect Our Reality

Worldviews not only impact how we understand and make sense of the world around us but also influence how we express ourselves in the world. The constellations of personal values, beliefs, assumptions, attitudes, and ideas that make up our worldview affect our goals and desires, relationships, and behaviors. The more aware we are of our worldview and the worldviews of others, the more effectively we can navigate through life.

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## **There is Value in Paradox and Uncertainty**

Once we are aware that it is possible for multiple worldviews to exist simultaneously, we will gain a better understanding that the goal is not being right, or proving someone wrong, but rather about becoming curious about other perspectives and possibilities. There is value in uncertainty, in the capacity to hold paradox, and in learning to dwell in the mysteries of life. It is from the place of not knowing that creativity emerges, and from which we can perceive the world as a place of awe, wonder, and reverence.

## **Our Consciousness Matters**

Consciousness (awareness of one's own existence, sensations, thoughts, surroundings, etc.) mediates the relationship between inner experience and the outer environment. The way we receive, interact with, and direct our intention into, the physical world invites us into our self-reflexive capacity and awareness of our creative potential. It also requires us to engage with others in respectful dialogue about how we are constructing our understanding of the world and making meaning in a way that assures a safer and healthier future for all.

## **There are Multiple Ways of Knowing**

In addition to logic, reason, and scientific observation, other ways of knowing, such as inner knowing, intuition, and direct experience, also inform our perspective of the world around us. Identifying our strengths in multiple ways of knowing and sharing our experiences through interpersonal dialogue help us understand and appreciate our own worldview and that of others.

## **We are Part of an Interdependent Whole**

We are part of a complex, ever-changing, interconnected, living universe. What we do influences the world around us, and the world around us influences us, even when we are not certain of exactly how. A greater understanding of the interdependence of all life leads to a more complete view of our place in the world.

“The mind is not a vessel to be filled, but a fire to be ignited.”

—Plutarch

## **Contribution**

The cost for this program is AU\$15 per class (AU \$300 for the full program)  
+ one off cost of AU\$15 + postage for the IONS workbook.

\*contribution rate as at 23.03.2021

**15% of all contributions are invested into interconnectivity research with the not-for-profit organisation the Institute of Noetic Science.**

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## About Luminous Youth

Luminous Youth is an Australian educational and cultural-mentorship organisation that has been operating since 2012. We have held many inspiring events and celebrations engaging children and youth in our local area, NSW Australia with online offerings first presented in 2020.

Our mentoring and events are inspired by interconnectivity, and by ancient wisdom that is more and more being supported and backed by today's modern science. Our events have been led by inspiring people throughout our community including but not limited to local Indigenous Peoples, Tibetan Monks, environmental activists, artists, educators, musicians, poets and more. These have all intended to inspire and nurture the hearts and minds of our community in a fun, engaging and playful way.

## About Erica & Paul Crebar

Erica founded Luminous Youth in 2012 as a resource to connect her own 3 children with inspiring and passionate facilitators and educators.

Paul joined Erica and Luminous Youth in 2013/2014 and together they have been raising their family which includes another little human born in 2016. They have continued to run events in the Byron Shire including seasonal celebrations and events to raise fund for causes such as the homeless food services to name a few.

They are deeply inspired by mentorship relationship, story and the need to be singing a story of interconnectivity, love, connection and thriving into our next generation of earth lovers and lovers.

## About Paul Crebar (Program Facilitator & Mentor)

Paul has worked with children in many capacities over the last 23 years since he started coaching a soccer team at the age of 15. Since then he coached children in circus, tennis, soccer, gymnastics, mindfulness, environmental action, yoga and more. With a career in training & development, event facilitation and culture-building he has worked professionally across many organisations both locally and overseas. He is also a passionate father, mentor, lyricist, gardener, seed saver, and storyteller.

Paul's approach is to create safe, fun, nurturing and open spaces for little people to be respected, to explore and to have fun. Memorable experiences and positive mentors matter! He recognises the need for inspiring leaders to sing an inspiring story into our youth so that they may grow to be connected, thriving and reflective contributors to a flourishing earth community.

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